

A Drink with Legs

From Being Hooked to Being Happy—A Spiritual Path to Relationship Bliss

By

Roy Biancalana

Certified Life and Relationship Coach

E-Book PDF: \$20

EFP's Award Winning Project!

In September 2008, Dr. Gay Hendricks, of the Hendricks Institute and founder of Earth Friendly Publishing, began a publishing mentoring program designed to identify and promote powerful new voices in the field of conscious relationships. Competing with over 100 authors, Roy Biancalana's, *A Drink with Legs*, was chosen as his top project. Here is a bit of what Dr. Hendricks said about this impressive book:

"A Drink with Legs is one of the most insightful and entertaining works I've read in a long time. In it, you'll go on an odyssey of healing perhaps like none other you're likely to encounter."

—**From the Foreword by Gay Hendricks, Ph.D.**

Love. Intimacy. Bliss.

Are they really possible? Or are they fantasies, reserved for sappy love songs and romantic comedies? Those were the questions the author asked himself after he went through a divorce and a gut-wrenching break up with his fiancée. What was wrong? Why weren't his relationships working? Why was there so much conflict, drama and pain? If you have ever asked such questions, take heart. *A Drink with Legs* has the answers.

The author's disappointing love life propelled him on a spiritual journey where he discovered an ugly truth: *He was hooked on love!* He was relying on a relationship to make him feel special, to alleviate his loneliness and to make him feel alive and whole. It was as if his partner's were "drinks," only they were drinks...*with legs!* This book is how the author "sobered up," created a relationship to die for, and how you can too.

Enlightening and Entertaining

A Drink with Legs is a portal to enlightened and blissful intimate relationships. Here you will awaken to the root cause of your relationship drama and disappointments and be shown a deeply spiritual, yet practical, step-by-step path on how to create relationship bliss.

Yet what makes this book so unique is how entertaining it is to read. Too often relationship books are dry, clinical treatises written in a “shrink-speak” style. Here, the author communicates his wisdom and insight through metaphor and story, using a warm, informal and incredibly candid style. The author quotes diverse voices like Jimmy Buffett, Eckhart Tolle, Fergie, Elizabeth Gilbert, Mike Myers and Rumi to illustrate his message and make it fun. Additionally, there are numerous references to poems, movies, songs, television shows and hilarious old television commercials. *A Drink with Legs* is one of the most unusual books you will ever read, yet it can profoundly change your life.

Special Features in *A Drink with Legs*

- A 12 step program to create relationship bliss
- 5 portals to discovering your true spiritual identity
- 10 ingredients for a delicious love life
- A simple process to end loneliness once and for all
- The 5 most common ways to end drama and why they don't work (and what does!)
- Why you keep attracting the same kinds of partners and how to stop the cycle
- How to stop having the same fight with your partner over and over again
- 5 ways to discover your relationship shadow, which is the hidden key to experiencing bliss
- The difference between sex addiction and relationship addiction
- A 30 question T/F self-test to determine the extent to which you are hooked on love
- The 4 types of love addiction and how to determine your type
- Help for single people: How to spot a love addict
- Help for those in committed relationships: What to do if you love a love junkie (or are friends with one)

Roy Biancalana is a Certified Life and Relationship Coach. He has a 15 year old son and lives in Sanford, Florida with his wife. For more information or to contact him, visit his website at: www.coachingwithroy.com